

2011 Long Trail End-to-End Gear List				
Function	Item	Weight (g)	Pre-Trip Comments	Post-Trip Comments
Pack	GoLite Jam (2010)	930.0	Comfortable when packed evenly, durable, light	Excellent pack for thru-hike, modified throughout trip to remove excess straps/weight
Sleeping				
Sleeping Quilt	Ray Way 1P Quilt w/ Apline Upgrade	900.0	First sewing project, not exactly 'beginner'	Very cold when temps in 30-40's, even with several layers/hat
Sleeping Pad	Therm-a-Rest ProLite Plus - Reg	680.4	Heavier than foam alternative but compacts well	Warm pad, will be good in winter but would rather have UL closed cell foam pad for 3-season
Shelter	Tarpent Moment	868.0	Great tent, some condensation issues - eventually switch to tarp/bivy system	Used only once, tarp/bivy would have been much better
Ground Sheet	GG Polycryo Medium	46.0	For use in shelters or w/o tent	Used in dirty shelters for peace of mind
Extra Clothing				
Hat	Under Armour Hat	48.0	Insurance for cold nights	Great hat, used in camp and on cold nights
Layer 1 Shirt/Sleep Shirt	Patagonia Capilene 2 Long Sleeve	155.0	Excellent base layer for any fall/spring activity	Good for hiking on cold days and as sleepwear
Sleep Pants	Patagonia Capilene 2 Bottoms	134.4		Good for hiking on cold days and as sleepwear
Extra insulation	SmartWool Midweight Longsleeve Shirt	258.0	Needed a little more warmth, would like to get a ul down jacket at some point	Used mostly as in-town shirt, but also on cold nights
Fleece	First Ascent Microfleece	309.0	Lightest (oz.) fleece I own	Used mostly around camp and as pillow, plan to replace with Montbell Ex Light Down Jacket
Extra Underwear	ExOfficio Mens Boxer Briefs	85.0		
Extra Socks	Darn Tough ankle high	42.0		Used in town and when sleeping
Gloves	DeFeet DuraGlove Wool	68.0	Extra warmth around camp, fairly light, also use for disc golfing	Great around camp and for warming hands during first mile of the day
Hydration				
Water Container 1	Platypus 2.25L	36.0	Flexible and light, folds up when empty	Worked flawlessly with a ton of abuse
Water Container 2	Rum Runner Flask 1L	23.2	Light, cheap, durable	Worked flawlessly, cheaper than Platypus
Filtering/Purification	General Ecology First Need XL	453.6	Purifies as well as filters, chemical free, had to buy adapter for platypus style bottles	Sent home halfway through trip, used Aquamira, water sources were all crystal clear
Cooking				
Stove	Homemade 3oz Cat Food Can	18.5	Does the job, hard to break, easily replacable	No problems, denatured works better than HEET for this stove
Windscreen	modified from MSR Whisperlite	45.0	Works as a pot stand as well	Modified mid trip to remove excess material
Lighter	BIC Lighter w/ DuctTape wrap	27.0	DuctTape for repairs, first aid	Easier to light alcohol stove with matches
Pot	REI Ti Ware Nonstick Titanium Pot - 0.9L	140.0		
Utensil	Snow Peak Titanium Spork	17.0		Wouldn't fit in pot, concerned about scraping non-stick coating, switched to plastic one mid trip
Bandana		36.0	for wiping down the pot	Got quite dirty, but washing in streams and eating freezer bag meals helped
Bear Bag System	LOKSak OPSak 20x12.5 2x, dry sack, 2mm cord	96.0	using PCT method	Bears not an issue, hung in shelter to keep out the "mini-bears"
First Aid/Hygiene				
Emergency/Gear Repair Kit	Homemade - Assorted band aids, gauze pad, Advil, alcohol wipes, skin tape, ear plugs, tweezers, KrazyGlue single use 2x, thread and sewing needle, emergency fire starter in small aLOKSak	98.0		Thankfully didn't need to use
Towel	MSR PackTowel	85.7	Multi-use, easy to dry	Used rarely, mostly for drying off on rainy days
Toothbrush	Travel Tooth Brush	15.0		
Toothpaste	Burts Bees Natural	20.0		
Floss	sample size from dentist	5.0		
Soap	Dr. Bronners	68.0		Rarely used
TP	Good ole' Charmin	110.0		
Hand Sanitizer	Generic Hand Sanitizer 2oz	56.0		
Insect Repellent	Ben's 30% DEET	52.0	30% DEET is enough for me	Didn't use once, sent back mid trip
Rain				
Raincoat	Marmot Mica Jacket (2009)	207.7	Great jacket, used on many occasions	Keeps out water for about 2 hours in downpour, need to reapply repellent coating, worked well as windshirt
Rainpants	Marmot Precip	336.0	Never used while backpacking thus far	Glad to have brought for hiking on cold, rainy days and to wear in town while doing laundry
Pack Liner	Trash compactor bag	70.0		Worked flawlessly
Logging				
Camera	Panasonic Lumix DMC-LX5 w/ 16GB SDHC	277.0	High end point and shoot, good battery life, RAW	SD card failed mid trip, camera worked well however and battery lasted 2-3 weeks/charge
Writing	Journal, small pen	64.0		
Misc				
Light	Petzel Tikka XP	93.3	Probably brighter than necessary	Too bright for camp use, good for night hiking
Cell Phone	Droid 2 Global	173.0	Use for checking weather, GPS, emergency	Critical for navigating towns, making reservations, etc
Chargers	Camera charger, phone charger	141.0		Will probably use bounce box for these on future long distance trips
ID + Wallet	ID, Cash, CC, Passport	35.0	For resupply/towns, stored in small aLOKSak	
Maps	GMC Long Trail Hiking Map	41.5	Supposedly waterproof	More accurate/detailed elevation profiles would have been nice
Compass	Silva Explorer	27.0	Has worked well on many Boy Scout trips	
Worn/Carried				
Trekking Poles	REI Peak UL Carbon Fiber	436.0	Bought them after first couple trips, made a big difference, plan to use with tarp eventually	Snapped on second day of trip, improvised a repair and worked well for the rest of the trip
Shirt	REI Sahara Tech Long Sleeve	232.0	Comfortable, breathable	
Pants	Mountain Hardware Mesa Pant	367.5		Very durable
Underwear	ExOfficio Mens Boxer Briefs	85.0		Worked great, didn't hold smell
Socks	REI Merino Wool Light Hiker II	79.2		Only one hole after ~300 miles

Footware	Merrell Chameleon3 Ventilator GTX	1134.0	Failed midway through trip, very painful hiking until next town, switched to Solomon trail-runners and couldn't be happier
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Total Base Weight at start (lbs)	16.3
Total Worn/Carried at start (lbs)	5.1